

CREATIVE CLUB

Activity Plan 5
Primary School

Creative Club - Facilitator Overview

The Art of Kindness: Patchwork of Kindness (Primary)

Session Title	The Art of Kindness: Patchwork of Kindness
Session Summary	A creative after school care activity where students explore kindness as an action that can strengthen relationships, build empathy and help create a more inclusive group. Through a short Make-A-Wish story, guided discussion and a collaborative patchwork artwork, students consider how thoughtful words, choices and behaviours can support others and contribute to a positive community.
Suitable For	After school care groups, OSHC programs and mixed age primary students. Facilitators can extend discussion by inviting students to explain their thinking, consider different perspectives and identify realistic ways to show kindness at school, at home and in the wider community.
Duration	35–45 minutes
Children Will	- Describe kindness as a choice that can show empathy, respect and care for others. - Discuss how Make-A-Wish brings hope, strength and joy to children with critical illnesses and their families. - Identify examples of kindness that involve inclusion, encouragement, listening, fairness and helping others feel valued. - Design a kindness patch that uses symbols, words, patterns or imagery to communicate a thoughtful message. - Reflect on how individual actions can contribute to a stronger, more connected group.
What You'll Need	- Patchwork of Kindness templates or plain paper/card cut into squares - Markers, pencils, crayons, stickers, paint, glitter or other craft materials - Scissors, glue sticks or tape, with adult support as needed - Large sheet of paper, cardboard or noticeboard space for the shared patchwork - Optional: device to play Clancy's Make-A-Wish video Clancy's Snow Wish ❄️ Husky Sleigh Ride Adventure Make-A-Wish Australia
Facilitator Notes	- Use open-ended questions to encourage students to explain, compare and build on each other's ideas. - Review the Make-A-Wish story or video first and frame it with care, focusing on hope, joy, community support and the positive impact of a wish. - Encourage students to think beyond simple acts of sharing and consider kindness through inclusion, respect, empathy and taking positive action. - Make sharing optional, while inviting students who feel comfortable to explain the meaning behind their patch.

The Art of Kindness: Patchwork of Kindness

1. Welcome & Kindness Warm-Up (5–7 minutes)

Welcome students and introduce kindness as more than being nice: it is a choice to notice others, consider how they may feel, and respond with care. Begin with a quick scenario game. Read out examples and ask students to decide whether the action shows kindness, needs improvement, or depends on the situation. Invite a few students to explain their reasoning. Examples could include inviting someone to join a game, laughing when someone makes a mistake, helping a new student find their group, leaving someone out because they are different, or encouraging a friend who feels nervous.

2. Make-A-Wish Story Connection (5 minutes)

- Briefly explain that Make-A-Wish Australia grants life-changing wishes for children with critical illnesses, helping bring hope, strength and joy during challenging times.
- Share Clancy's wish in a thoughtful way: Clancy wished for a snowy animal adventure, where she met huskies and enjoyed a sleigh ride at Mt Hotham.
- Ask students to consider how different people may have helped make the wish possible, such as family members, volunteers, supporters and the Make-A-Wish team.
- Optional: play Clancy's video if appropriate, then ask: What kind actions did you notice? How might those actions have made Clancy and her family feel supported? [Clancy's Snow Wish ❄️ Husky Sleigh Ride Adventure | Make-A-Wish Australia](#)

3. Creative Activity: Patchwork of Kindness (20–25 minutes)

- Explain that kindness can work like a thread, connecting individual actions to a larger community. Each student will create a patch that represents one way people can show kindness, empathy or inclusion.
- Invite students to plan their patch before decorating. They may choose a symbol, short message, pattern or picture that communicates their idea clearly.
- Encourage students to add one sentence on the back or edge of their patch explaining what their design means, such as "Kindness is including someone who feels left out."
- As students work, prompt deeper thinking with questions such as: Who benefits from this kind action? How could this action change the feeling in a group? What makes this action respectful?
- If time allows, arrange the patches together and invite students to notice how the individual designs become one shared Patchwork of Kindness.



4. Reflection & Pack-Up (5 minutes)

- Invite students to share their patch or explain one design choice if they feel comfortable.
- Prompt reflection with questions: What kind action did you choose and why? How can kindness help someone feel included? What is one kind action you could try this week?
- Encourage students to make a simple personal commitment, such as listening more carefully, inviting someone in, offering help or using encouraging words.
- Thank the group and remind students that small choices can create a kinder, more connected community.