

CREATIVE CLUB

Activity Plan 7
Primary School

Creative Club - Facilitator Overview

Connected Communities: Kindness Rocks (Primary)

Session Title	Connected Communities: Kindness Rocks
Session Summary	A creative after school care activity where students explore kindness, empathy, teamwork and community connection through Bryson's Make-A-Wish emergency services story and a hands-on kindness rocks craft. Students consider how small, thoughtful actions can influence the way people feel in shared spaces, then design a rock using colours, symbols, patterns or short messages that communicate encouragement and care.
Suitable For	After school care groups, OSHC programs, holiday programs, and mixed-age primary groups. Facilitators can invite deeper discussion, encourage students to explain their design choices and support them to think about how kindness can strengthen belonging in their school, after school care or local community.
Duration	35–45 minutes
Children Will	- Describe community as a group of people who share places, experiences or responsibilities and can help each other feel safe, included and valued. - Understand how Make-A-Wish Australia helps bring hope, joy and connection to children with critical illnesses through life-changing wishes. - Explore Bryson's emergency services wish and identify examples of teamwork, courage, kindness and community support. - Plan and create a kindness rock that uses symbols, colour, words or patterns to communicate a thoughtful message for others. - Reflect on where their rock could be shared or displayed and how it might contribute to a kinder community.
What You'll Need	- Smooth rocks - Paint, markers, pencils or other decorating materials - Paper towels, wipes or cleaning supplies - Optional: reflection worksheets - Optional: device to play Bryson's Make-A-Wish emergency services video Bryson's HUGE Emergency Services Wish! Make-A-Wish Australia
Facilitator Notes	- Keep the session practical and engaging, while allowing time for students to share ideas, build on each other's thinking and explain their choices. - Use slightly more complex language: a community is a group of people who share places, experiences or responsibilities and can help each other feel safe, included and valued. - Check Bryson's video before showing it and pause briefly afterwards to discuss examples of teamwork, courage, kindness and community support.

- Encourage students to sketch or plan their design before decorating so their rock communicates a clear message or feeling.
- Allow students to share their rock only if they feel comfortable, and prompt them to explain how their design connects to kindness or community.

Connected Communities: Kindness Rocks

1. Welcome & Community Warm-Up (5 minutes)

Welcome students and explain that today they will explore how kindness can strengthen a community. Use slightly more complex language: a community is a group of people who share places, experiences or responsibilities and can help each other feel safe, included and valued. Ask students to identify different communities they belong to, such as their class, school, after school care group, sporting team, cultural group or neighbourhood, then invite them to name one way people show care in those communities.

2. Make-A-Wish Story Connection (5 minutes)

- Briefly explain that Make-A-Wish Australia grants life-changing wishes for children with critical illnesses, helping bring hope, joy and connection during challenging times.
- Share Bryson's wish: Bryson wished for an emergency services adventure and worked with a team of helpers to take on a special mission and save the keys to the city.
- Optional: play a short section of Bryson's video if appropriate. [Bryson's HUGE Emergency Services Wish! | Make-A-Wish Australia](#)
- Afterwards, ask students to identify examples of teamwork, courage, kindness or community support they noticed, and explain why those actions mattered.

3. Creative Activity: Kindness Rock (20–25 minutes)

- Explain that students will design a kindness rock with a clear message, symbol or feeling they want to share with their community.
- Invite students to plan their rock first: Who might see it? What message do you want them to receive? What colours, images, words or patterns could help communicate that message?
- Hand out rocks and decorating materials, then encourage students to use their plan while still making creative choices as they decorate.
- Support students with painting, drying, layering details and cleaning up as needed, while encouraging independence and thoughtful design decisions.

4. Reflection & Pack-Up (5 minutes)

- Invite students to hold up or share their rock if they feel comfortable, including the message or feeling they hoped to communicate.
- Prompt reflection with questions: What choices did you make in your design? How does your rock show kindness? How could a small object or message change the way someone feels in a shared space?



- Discuss suitable places to display or share the rocks, reminding students to follow school or after school care guidance about where items can be placed.

Thank the group and remind students that kindness is not only about big actions. Small, thoughtful choices can help people feel noticed, included and encouraged, just as many people worked together to make Bryson's wish feel special and meaningful.