

CREATIVE CLUB

Activity Plan 2
Early Years

imagine

Creative Club - Facilitator Overview

Building Hope: Hope Jar (Early Years)

Session Title	Building Hope: Hope Jar
Session Summary	A short, creative after school care activity that introduces children to hope, joy and positivity. Children hear a simple Make-A-Wish story, talk about what helps them feel hopeful, and create a Hope Jar filled with colours, drawings or messages that remind them of people, places and things that bring them hope.
Suitable For	After school care groups, OSHC programs, holiday programs and kindergarten and prep aged students. Facilitators can simplify discussion for younger children or extend sharing for older children.
Duration	35–45 minutes
Children Will	• Learn that hope means believing good things can happen, even when things feel hard. • Hear a short Make-A-Wish story and reflect on how wishes can bring hope and joy. • Identify people, places, activities or kind words that help them feel hopeful. • Create and decorate a Hope Jar to take home or display.
What You'll Need	• Small jars or paper cup/jar templates • Coloured paper strips for hopeful thoughts, drawings or messages • Markers, pencils, stickers, ribbon, tissue paper or other craft materials • Glue and scissors, with adult support as needed • Optional: device to play Audrey's Make-A-Wish video Audrey's Lego-Loving Wish  - YouTube
Facilitator Notes	• Keep the session light, warm and flexible for a mixed-age after school care environment. • Use paper jars or plastic containers if glass jars are not suitable for your setting. • Check the optional video before showing it and decide whether it is suitable for your group. • Support children to share only what they feel comfortable sharing.

Building Hope: Hope Jar

1. Welcome & Warm-Up (5 minutes)

Welcome children and introduce hope in simple language: hope means believing good things can happen, even when things feel hard. Invite children to share something small they have hoped for, such as a sunny day, seeing a friend or doing something fun.

2. Make-A-Wish Story Connection (5 minutes)

- Briefly explain that Make-A-Wish Australia helps grant special wishes for children with critical illnesses.
- Share Audrey's wish in a simple way: Audrey loved Lego and wished to build a pink Lego house and have a Lego version of herself.
- Optional: play Audrey's video if appropriate for your group and setting. [Audrey's Lego-Loving Wish](#) - YouTube

3. Creative Activity: Hope Jar (20–25 minutes)

- Explain that children will make a Hope Jar to hold ideas, drawings or messages that help them feel hopeful.
- Hand out jars, paper jars or templates and invite children to decorate them with colours, patterns and craft materials.
- Encourage children to add paper strips with drawings or words about people, places, activities or kind thoughts that give them hope.
- Support younger children with writing, cutting, gluing and decorating as needed.

4. Reflection & Pack-Up (5 minutes)

- Invite children to share their Hope Jar or one hopeful idea if they feel comfortable.
- Prompt ideas if needed: family, friends, pets, favourite places, kind words, fun activities or happy memories.
- Thank the group and remind children they can look at their jar when they need a little extra hope.