

CREATIVE CLUB

Activity Plan 7
Early Years

Creative Club - Facilitator Overview

Connected Communities: Kindness Rocks (Early Years)

Session Title	Connected Communities: Kindness Rocks
Session Summary	A creative after school care activity where children explore kindness, empathy and community connection through Bryson's Make-A-Wish emergency services story and a hands-on kindness rocks craft. Children decorate their own rock with colours, symbols or kind words, helping them understand that small acts of kindness can brighten shared spaces and help people feel cared for.
Suitable For	After school care groups, OSHC programs, particularly kindergarten and prep students. Facilitators can keep discussion short, use simple language and provide extra support with painting, decorating, clean-up and optional sharing as needed.
Duration	35–45 minutes
Children Will	• Understand community as a group of people who live, learn or play together and help take care of each other. • Hear how Make-A-Wish Australia helps bring hope and joy to children with critical illnesses through life-changing wishes. • Create and decorate a kindness rock to share, display or place in a community space.
What You'll Need	• Smooth rocks • Paint, markers, pencils or other decorating materials • Paper towels, wipes or cleaning supplies • Optional: reflection worksheets
Facilitator Notes	• Keep the discussion short, warm and practical so the session suits a busy after school care environment. • Use simple language: a community is a group of people who live, learn or play together and help take care of each other. • Check Bryson's video before showing it and use the short story version if that suits your group better. • Support children with painting, decorating, drying areas and clean-up. • Allow children to share their rock only if they feel comfortable.

Connected Communities: Kindness Rocks

1. Welcome & Community Warm-Up (5 minutes)

Welcome children and explain that today they will explore community and kindness. Use simple language: a community is a group of people who live, learn or play together and help take care of each other. Ask children who is part of their school or after school care community, such as friends, educators, office staff, kitchen staff or cleaners.

2. Make-A-Wish Story Connection (5 minutes)

- Briefly explain that Make-A-Wish Australia grants life-changing wishes for children with critical illnesses, helping bring hope and joy during tough times.
- Share Bryson's wish in a simple way: Bryson wished for an emergency services adventure and worked with a team to help save the keys to the city.
- Optional: play a short section of Bryson's video if appropriate, then ask children what acts of teamwork, courage or kindness they noticed.

3. Creative Activity: Kindness Rock (20–25 minutes)

- Explain that children will decorate a kindness rock to help brighten their community.
- Invite children to plan their rock first: What colours, pictures or kind words could make someone smile?
- Hand out rocks and decorating materials, then encourage children to decorate their rock in any way they like.
- Support children with painting, drying, adding details and cleaning up as needed.

4. Reflection & Pack-Up (5 minutes)

- Invite children to hold up or share their rock if they feel comfortable.
- Prompt reflection with simple questions: What colours or pictures did you choose? How might your kindness rock make someone feel? Where could it brighten our community?

Thank the group and remind children that small acts of kindness can help make their community brighter, just like people worked together to make Bryson's wish come true.