

LESSON PLAN 2

Grade 3-4
Building Hope

Lesson Plan 2.2: Grade 3-4

Building Hope

Lesson Title	Building Hope: Creating a Hope Lantern
Lesson Summary	Students will explore the transformative power of hope through the creation of <i>Hope Lanterns</i> . The session will introduce the concept of hope and its role in overcoming challenges, drawing inspiration from the Make-A-Wish's work in granting life changing wishes to children with critical illnesses. Students will craft their own lanterns, reflecting on how hope can light the way during difficult times.
Year Level	This lesson is for Grades 3-4
Lesson Duration	60 minutes
Learning Intention	Students will learn how hope and positivity can help them face challenges and how they can use these qualities in their own lives.
Evidence of Learning	By the end of the lesson, students will be able to: • Define hope and explain how they support each other. • Reflect on what brings them hope and joy. • Identify personal sources of hope and represent them through the creation of a Hope Lantern. • Share how they plan to use their Hope Lantern to stay hopeful when facing challenges.
Things you will need	• Make-A-Wish story (video) Audrey's Lego-Loving Wish  • Digital device to play the Make-A-Wish video (optional) • Craft materials for the Hope Lantern activity (scissors, paint, markers, glitter, pipe cleaners etc) • Optional LED tealights for lanterns.
Teacher Preparation Notes	• Review the Make-A-Wish video Audrey's Lego-Loving Wish  • Print off Hope Lantern templates. • Write the success criteria and learning intention on the board before the lesson begins. • Ensure craft materials are ready and organised for the Hope Lantern activity. • Encourage students to think deeply about their personal experiences with resilience and help students who may struggle to identify their own moments of resilience. • Allow students to share their Hope Lantern but ensure that sharing is optional to maintain a safe and respectful environment. • Teachers should adapt this lesson to meet the diverse needs of students, including those with varying abilities and those with Special Educational Needs (SEN)

Grade 3-4 Lesson Plan 2.2

Building Hope - Scripted

Introduction & Icebreaker (15 minutes)

"Hello everyone, and welcome to today's lesson! Today, we're going to explore the power of hope and how we can use positivity and hope during challenging times"

"What does hope mean to you?" (Pause for answers)

"Great answers everyone, those are excellent examples"

"Close your eyes for a moment and think about something that gives you hope. It might be a person, a place, a memory, a dream, or something that makes you smile when you think about it."

"Remember there are some shared hopes like happiness and friendship, while others differ. People have different hope based on their lives families and cultures."

(Pause for 10-15 seconds)

"Now, open your eyes. Let's share what hope looks like for each of us. Who wants to share?"

(Pause and write a few responses in the board)

Examples to share with students:

- "Hope might be thinking about summer holidays"
- "Hope might be a hug from someone you love"
- "Hope might be your favourite place to visit overseas"
- "Hope might be a goal or dream you have"

"Why do you think hope is important when facing challenges?"

(Wait for responses)

"Can you think of a time when you kept trying, even when it was hard? How did you feel afterward?"

(List responses on the board, focusing on how hope and resilience help us stay positive)

Introduction Make-A-Wish

"I'd like to talk Make-A-Wish Australia who help critically ill children who are facing hard times. Make-A-Wish grant life changing wishes to seriously ill children and provide them with hope and joy. For example one wish child might wish for a puppy, or a holiday to the Gold Coast".

"If you could wish for anything, what would it be?" **(Allow a few students to share their answers.)**

"Amazing choices. Now I want to share Audrey's wish with you, and I want you to focus on the hope and joy that is shown"

Video: [Audrey's Lego-Loving Wish](#) 

Discussion

"What can we learn from Make-A-Wish children about staying hopeful and strong during tough times?" **(Encourage reflections on hope and pause for answers)**

"Yes exactly! So today, we will creating a 'Hope Lantern,' as a reminder of what gives us light and hope when things are difficult."

Activity: Hope Lantern (30 mins)

"We have some lantern templates which I'm going to pass around, and they have instructions on them."

"Please be as creative and expressive as you'd like with your lantern. You can draw or write about things like family, friends, pets, or activities that make you feel hopeful."

"Here are some prompts for your lanterns."

- Bright colours that represent something positive to you
- Symbols of hope – e.g the sun, a star or a rainbow
- Think of things that bring you happiness
- Think of someone who makes you happy
- Think of good things that have happened to you

“I’m here to help with making your lanterns, and don’t forget to help anyone who needs it.”

Making the Lanterns:

Materials:

- Coloured or plain paper (preferably construction paper or card stock)
- Scissors
- Glue stick or tape
- Pencil
- A tea light or small battery-operated LED light (optional)
- Tape
- String (optional for hanging)

Steps:

Prepare the Paper:

- Start with a piece of paper (standard size like 8.5x11 inches works well). If you want a larger lantern, you can use bigger paper.
- You can use coloured paper for a more vibrant look or plain paper and decorate it yourself.

Fold the Paper:

- Lay the paper on a flat surface.
- Fold the paper in half lengthwise and crease it well, then unfold it.
- This crease will be your guide for cutting.

Cut Slits:

- With scissors, make cuts along the length of the paper, stopping at the crease. Leave a small border on each side uncut.
- Space the slits evenly apart, about half an inch to an inch, depending on the look you want.

Form the Lantern Shape:

- After cutting the slits, carefully roll the paper into a tube shape, with the cut slits on the outside.



- Overlap the edges slightly and glue or tape them together to secure the shape.

Make a Handle:

- Cut a strip of paper about 1 inch wide and 6 inches long.
- Attach one end of this strip to the top of the lantern with glue or tape to create a handle.

Add a Light Source:

If you're using a tea light or small LED light, place it inside the lantern. Crisscross tape to secure it to the base of the lantern.

Decorate:

You can also decorate the lantern with markers, stickers, or even cut-out designs for a more personalised look.

You can add patterns, images, or shapes to the paper before cutting it.

Hang or Display:

If you want to hang your lantern, attach a piece of string or ribbon to the handle.

Additional Tips:

For a more advanced version, you can use different materials like tissue paper for a stained-glass effect or even add a bit of glitter for sparkle.

Post activity

"Great work everyone! Who would like to show their lanterns?" **(choose a few students)**

"Amazing! Beautiful Lanterns"

Wrap-Up and Journal Reflection (10 minutes)

"Think about how you can use your Hope Lantern in difficult situations."

"Now, reflect in your journal and answer the following questions **(write them on the board and hand out reflection worksheets)**

1. Which part of creating your lantern was most meaningful to you, and why?
2. What ideas did you include in your lantern that give you hope?
3. How do hope and positivity help us face challenges?



4. Set a personal goal for using hope and resilience this week. For example, 'I will keep trying when my homework feels hard.'

(Allow time for journal reflection)

"Great work today, everyone. Remember when facing challenges, look at your Hope Lantern as a reminder. It's a visual tool to remind you to keep going and have hope."

Grade 3-4 Lesson 2.1

Building Hope -Unscripted

Introduction & Icebreaker (15 minutes)

- Introduce the students to the lesson themes of hope and resilience and explain that positivity can be used during difficult times.
- Ask the students what hope means to them and select a few students to answer.
- Thank the students for their examples and introduce the concept of hope and how good things can happen even when things are tough.
- Conduct an ice breaker and ask students to close their eyes and think of things that give them hope, either a person, place, memory of dream, or something that makes them smile.

Share some examples with the students if needed:

1. Hope might be thinking about summer holidays
 2. Hope might be a hug from someone you love
 3. Hope might be your favourite place to visit
 4. Hope might be a goal or dream you have
- Ask the students why hope is important when facing challenges.
 - Ask them for example of when something was hard and they kept trying, (e.g spelling, reading, maths) and how it made them feel.

(List responses on the board, focusing on how hope and resilience help us stay positive)

Introduction to Make-A-Wish

- Introduce/reintroduce Make-A-Wish Australia and explain that Make-A-Wish grant life changing wishes to seriously ill children and provide them with hope and joy.

- Explain that every wish is unique and that one wish child might wish for a puppy, or a holiday to the gold coast.
- Ask the students what they would wish for. **(Allow a few students to share their answers.)**
- Share Audrey's lego wish video, and ask the students to focus on the joy they see in the video.

video: [Audrey's Lego-Loving Wish](#) 

Discussion

- Chat about how happy Audrey was when she received her wish, and the ways this was shown
- Ask what can we all learn from Audrey about staying hopeful during tough times?
(Encourage reflections on hope and pause for answers)

Activity: Hope Lantern (30 minutes)

- Introduce the activity of creating a Hope Lantern as a reminder of light and hope when things are difficult.
- Hand out the templates to the students, there are instructions on the templates but they are also listed below
- Students will create a Hope Lantern that symbolises what gives them hope when facing challenges. They can draw or write about people, places, or things that help them stay positive (e.g., family, friends, pets, hobbies).

Making Lanterns

Materials:

- Coloured or plain paper (preferably construction paper or card stock)
- Scissors
- Glue stick or tape
- Pencil
- A tea light or small battery-operated LED light (optional)
- Tape



- String (optional for hanging)

Prepare the Paper:

- Start with a piece of paper (standard size like 8.5x11 inches works well). If you want a larger lantern, you can use bigger paper.
- You can use coloured paper for a more vibrant look or plain paper and decorate it yourself.

Fold the Paper:

- Lay the paper on a flat surface.
- Fold the paper in half lengthwise and crease it well, then unfold it.
- This crease will be your guide for cutting.

Cut Slits:

- With scissors, make cuts along the length of the paper, stopping at the crease. Leave a small border on each side uncut.
- Space the slits evenly apart, about half an inch to an inch, depending on the look you want.

Form the Lantern Shape:

- After cutting the slits, carefully roll the paper into a tube shape, with the cut slits on the outside.
- Overlap the edges slightly and glue or tape them together to secure the shape.

Make a Handle:

- Cut a strip of paper about 1 inch wide and 6 inches long.
- Attach one end of this strip to the top of the lantern with glue or tape to create a handle.

Add a Light Source:

- If you're using a tea light or small LED light, place it inside the lantern. Crisscross tape to secure it to the base of the lantern.

Decorate:



- You can also decorate the lantern with markers, stickers, or even cut-out designs for a more personalised look.
- You can add patterns, images, or shapes to the paper before cutting it.

Hang or Display:

- If you want to hang your lantern, attach a piece of string or ribbon to the handle.

Additional Tips:

- For a more advanced version, you can use different materials like tissue paper for a stained-glass effect or even add a bit of glitter for sparkle.
- If you're making multiple lanterns, try different colour schemes for variety.

Wrap up and reflection (10 minutes)

- Congratulate the students on their hard work. **(Choose a few students to show their work)**
- Let the class know their lanterns look great.
- Remind the students that when they're facing challenges, they can look at their Hope Lantern for strength. It's a tool to remind them to keep trying.
- Ask the students to reflect on the following questions/prompts on their reflection worksheets **(Write them on the board)**
 1. Which part of creating your lantern was most meaningful to you, and why?
 2. What ideas did you include in your lantern that give you hope?
 3. How do hope and positivity help us face challenges?
 4. Set a personal goal for using hope and resilience this week. For example, 'I will keep trying when my homework feels hard. **(Allow time for journal reflection)**
- Thank everyone for their effort, and remind them to keep their Hope Lantern as a source of hope, just like wishes.