

CREATIVE CLUB

Activity Plan 5
Early Years

Creative Club - Facilitator Overview

The Art of Kindness: Patchwork of Kindness (Early Years)

Session Title	The Art of Kindness: Patchwork of Kindness
Session Summary	A creative after school care activity where children explore kindness, sharing and working together through a short Make-A-Wish story and a hands-on Patchwork of Kindness craft. Children think about kind actions, create a decorated patch, and contribute to a shared artwork that shows how kindness can connect a group.
Suitable For	After school care groups, OSHC programs and particularly kindergarten and prep students. Facilitators can keep discussion short and support children with drawing, cutting and sharing as needed.
Duration	35–45 minutes
Children Will	• Understand kindness as caring for others through words and actions. • Hear how Make-A-Wish brings joy to children with critical illnesses. • Identify simple examples of kindness, such as helping, sharing, including others or saying thank you. • Create and decorate a kindness patch to add to a shared patchwork display.
What You'll Need	• Patchwork of Kindness templates or plain paper/card cut into squares • Markers, pencils, crayons, stickers, paint, glitter or other craft materials • Scissors, glue sticks or tape, with adult support as needed • Large sheet of paper, cardboard or noticeboard space for the shared patchwork • Optional: device to play Clancy's Make-A-Wish video Clancy's Snow Wish ❄️ Husky Sleigh Ride Adventure Make-A-Wish Australia
Facilitator Notes	• Keep discussion short, playful and optional so the session suits a busy after school care environment. • Review the Make-A-Wish story or video first and only share it if it suits your group and timing. • Support younger children with scissors, glue and placing their patches on the shared display. • Make sharing optional so children can participate in a safe and comfortable way.

The Art of Kindness: Patchwork of Kindness

1. Welcome & Kindness Warm-Up (5–7 minutes)

Welcome children and introduce kindness in simple language: kindness means caring for others through what we say and do. Play a quick kindness game: if the action is kind, children put their hands on their head; if it is not kind, they cross their arms. Use examples such as helping a friend, taking someone's toy, saying please and thank you, not letting someone join a game, and sharing.

2. Make-A-Wish Story Connection (5 minutes)

- Briefly explain that Make-A-Wish Australia grants life-changing wishes for children with critical illnesses, helping bring joy during tough times.
- Share Clancy's wish in a simple way: Clancy wished for a snowy animal adventure, where she met huskies and enjoyed a sleigh ride at Mt Hotham.
- Optional: play Clancy's video if appropriate, then ask children whether the story made them smile and why. [Clancy's Snow Wish ❄️ Husky Sleigh Ride Adventure | Make-A-Wish Australia](#)

3. Creative Activity: Patchwork of Kindness (20–25 minutes)

- Explain that kindness is like a thread that connects people, and children will each create a patch showing a kind action, person, pet, place or message.
- Hand out templates or paper squares and invite children to draw or decorate their kindness patch using colours, patterns, words or pictures.
- Support children as needed with drawing, cutting, colouring and adding details.
- If time allows, help children stick their patches onto a large sheet of paper or noticeboard to create one shared Patchwork of Kindness.

4. Reflection & Pack-Up (5 minutes)

- Invite children to hold up their patch or share one kind idea if they feel comfortable.
- Prompt reflection with simple questions: What kind action did you show? How can we show kindness at after school care?
- Thank the group and remind children that kindness connects us and can make our space a happier place to be.